



Co-Operator

official publication of the Cook County Farm Bureau®



Scan for more farm bureau info. & events

A "staple" in the Farm Bureau member's home since 1938

Mission: To serve all members of the Cook County Farm Bureau® with meaningful and beneficial programs that reflect our Agricultural Heritage.

Vol. 93 No. 8

Countryside, IL 60525

www.cookcfb.org

August 2018

Join Us...Farm Crawl 2018 Saturday, August 18th, 2018 10 AM—4 PM

Use the Farm Crawl 'Passport to Agriculture' Booklet to locate each participating Farm location and to officially record your visits on 8.18.18!

Visit our diverse Cook County Farm Bureau® member Family Farms, Greenhouses, Garden Centers, Feed Stores, and Agri-businesses on this self guided tour.

- No set schedules, a self-guided crawl
- You pick and choose where you want to visit
- Opportunity for tours, great value purchases, and Farm experiences
- Use the Passport to Ag or your Farm Bureau card for promotions

Big John's Farm Market/Greenhse
1754 E Joe Orr Rd Chicago Hts IL
-10 am & 1 PM cooking demo
-buy 6 sweet corn, get 6 free

Brandau Farm Produce
10544 W 191st St Mokena
-Free sweet corn roast—farm stand

Bultema's Farmstand/Greenhse
2785 E Lincoln Hwy Lynwood, IL
-Check out our great U-Pick for the season's freshest produce

Children's Farm at the Center
12700 Southwest Hwy Palos Park
Hours: 1-4 PM free admission
With passport or CCFB card

Crete Garden Center & Nursery
1625 East Richton Rd Crete IL
Closes at 3PM

Deer Creek Farm
360 Glenwood dyer Rd Glenwood
-10 AM free goat yoga class for members, goats, farm fresh foods, animals, 3 D Archery course

Fairways Farms of Cog Hill
Main St & Parker Rd in Lemont
Hours: 10-2 11 am & 1 pm Farm Tour

Goebbert's Farm/Garden Ctr
40 W Higgins Rd So Barrington IL
-10% discount at Farm Market

Horcher Farms & Flower Shop
910 McHenry Rd Wheeling IL
-15% off all garden plants

Kopping Farms
12300 115th St Lemont IL
- Farm Tour at the top of every hour: equine, beef cattle, alpacas, haying. – Home grown Honey

Ludwig's Feed Store
13205 131st Street Lemont IL
Closes at 3 PM
-Present Passport or CCFB member card to receive a discount

M & D Farms
14946 S. Bell Rd. Homer Glen
-Fresh sweet corn 3 for \$1

Melka Landscape & Garden Center
11606 179th St Mokena IL
-Free refreshments for Crawlers
-\$5 off \$25 purchase garden center

Puckerville Farms
13332 Bell Rd Lemont IL
-3 PM Tractor tour of Farm
-Homegrown Honey/popcorn sale
-Receive 10% discount coupon

Schroeder's Garden Center/Ldscp
10800 Southwest Hwy Worth, IL
-30% off Trees and Shrubs, 15% off Perennials and more
-Homegrown Honey Sales

Smits Farms
3437 E Sauk Trl Sauk Village IL
-Farm & Farm Stand & Greenhouse

Ted's Greenhouse
16930 S. 84th Ave Tinley Park
Closes at 3 PM
-11:30am & 1:30pm tours of greenhouse operations
-Buy 1 get 1 Free Perennial plants

The Feed Store
5400 S Harlem Ave, Summit IL
\$5 off purchase coupon
-Free Popcorn for crawlers
Van Kalker Farms – visit us at:
Park Forest Farmers Market
7 AM –Noon only Recipe Booklets

VanderGriend's Farm Market
2812 Glenwood Lansing Rd Chgo Hts
-All homemade Jams - \$5
-Fresh sweet corn discount

Wagner Farms Heritage Center
1540 Wagner Rd Glenview IL
-dairy farm, farmers market/stand
-farm exhibits -ice cream parlor

West End Garden Center
3800 Old Glenview Rd Evanston IL
-10 % discount on purchases for Passport or CCFB card holders

Zeldenrust Farm Market
1001 Glenwood Dyer Rd Chicago Hts IL
-Customer appreciation Corn roast
-Guessing /trivia games for prizes

Ways to obtain your Farm Crawl Passport to Agriculture:
•Download at: <http://cookcfb.org/stay-updated/upcoming-events>
•Email: membershipdebbie@cookcfb.org
•Call: 708.354.3276 •Pick up a copy at CCFB office
•Each Crawl location will have limited copies available on August 18th!

At each location you visit, ask to have your Passport stamped or signed. Turn your passport into the CCFB office by **August 27th** and you will be entered into a drawing for Farm Funds to use at location of choice.

12th Annual CCFB Family Picnic Celebration

on **Saturday, September 22nd**
at **Goebbert's Pumpkin Farm**
in South Barrington

Early Bird Pricing Ends August 15, 2018!

Details on page 12.

Contact the office at 708-354-3276 to order tickets by phone.

Mark Your Calendar

AUGUST

16th Farm Dinner at Fairway Farms/ Cog Hill CC Page 11
18th Farm Crawl Page 1
21st Chicago White Sox vs. Minnesota Twins Page 10

SEPTEMBER

22nd 12th Annual CCFB Member Picnic Page 12
22nd Fall Planter Wrkshp Shroeders Greenhouse Page 4
27th Build a Board night Page 3
29th 18th Giant Pumpkin Contest Puckerville Farms Pg.11

OCTOBER

6th Shred Day Page 4
25th Wills & Trusts Page 10

For participation details on these programs and activities, check out the related information in this publication, go to www.cookcfb.org, or contact the office at 708-354-3276. You can register for most programs using the member service center at www.cookcfb.org.

Question of the Month

What Oak Lawn School taught an incubation lesson thanks to the Embryology Grant given by the Cook County Farm Bureau Foundation?

☆Bonus☆: What page of this publication is CCFB mascot *Corny Calvin* "hanging out" on this month?

Call the Farm Bureau at 708-354-3276 or fax your answer to 708-579-6056 for your chance to enter a drawing for a \$25 gas card. **If you will be emailing your entry, our email address has changed. Please email your answers to FBcooperator@gmail.com (Please include Name, FB# and phone number)**

July's winner is **Jeffrey Zimmerman**.

Last Month's Question:
What Ag in the Classroom presenter just celebrated a 10yr anniversary teaching agriculture to students?

Answer: **Linda Dunn**

☆Bonus☆: The page number where Farm Bureau mascot, *Corny Calvin*, was hanging out in the July issue of the Co-Operator was... page 3.

Let's Talk About the Ag on Your Plate



Beth Christian, a longtime Cook County Farm Bureau® volunteer, teaches students about agriculture during an on-farm experience for grade school students.

“Why do you teach about agriculture in your classroom?”

Answered by Beth Christian, Cook County Farm Bureau®

I grew up on a fifth-generation family farm in Bureau County, IL. My siblings and I learned hard work and collaboration at a young age. My family raised corn and soybeans as well as wheat, oat, rye, and hay, most of which was used to feed our livestock.

Growing up, my sisters, brother, and I were members of 4-H. 4-H is a nationwide program that offers young people the opportunity to learn through hands-on projects in areas like health, science, agriculture and citizenship. 4-H members are encouraged to take on proactive leadership roles and are given the guidance and mentorship they need to be successful. Even today, 4-H programs are in every county and parish in the country—even Cook County—through in-school and after-school programs, school and community clubs, and 4-H camps.

With eager anticipation to put some space and concrete between my farm background and my life, I relocated to Cook County. Despite the distance, my farm background followed me all the way to Oak Park/River Forest.

In my classroom, I was an advocate for project learning, inquiry-based discovery, and developing the curriculum-assessment cycle central to the interests of the child. As part of this teaching style, I'd ask parents to join us and serve as our “Project Experts” during our discovery of a topic. Once, a parent joined us for cupcake baking. The parent kindly brought the ingredients and introduced each item to the students. She proudly brought out brown eggs and stated they were brown because they were organic, not bleached, like white eggs. What she didn't realize was that different breeds of chickens lay different colors of eggs. The chickens being raised used organic growing methods does not change the color of eggs that the chickens lay.

I quickly realized that there was a considerable amount of misinformation or lack of information that we, as parents and teachers, unknowingly were giving our children. I believe that providing

accurate information is my responsibility as a teacher. So many children don't know where their food comes from and unfortunately, as our population has gotten more urban, many teachers and parents don't know much about the sources of their food.

Having grown up on the very same farm that my brother and father still farm, I sought help from the Cook County Farm Bureau's Agriculture in the Classroom program (AITC). AITC works to ensure that Cook County teachers have the resources to enable them to incorporate agriculture into their existing curriculum and to provide agricultural opportunities for students in Cook County.

Cook County Farm Bureau® is the county's largest general farm organization and is dedicated to bridging the gap between farmers and urban consumers. Through education programs targeting youth and their parents and programs designed to connect farmers with potential consumers, Farm Bureau members are actively engaging in conversations about food and the shared values between farmers and consumers.

Farm Bureau and AITC allowed me to share my love of the farm with students and enabled me to learn more about the care of animals and plants, farmers' attention to sustainability using technology, and the shared values of farmers and consumers.

Teaching about agriculture is in everything I teach. I have become a better early childhood, special education, and collegiate professor through the Cook County Farm Bureau.

Have a question? Submit it to bona@cookcfb.org. We'll share questions with our farmers and publish their answers as space allows in upcoming issues of The Co-Operator.

Soil and Water Conservation District to Host Farm Tour August 15th

The Will-South Cook Soil & Water Conservation District (SWCD) will host a tour of the Jim Robbins farm located in Wilton Township, Will County, on Wednesday, August 15th. Starting at 3:00 p.m., participants will have an opportunity to view the actual construction site of a grassed waterway demonstrating a popular conservation practice that is used to manage field drainage.

The tour will include field stops with a strip-till practice, a cover crop using a radish/oat seed mix and a soil pit where a soil profile evaluation will be completed. There will also be a demonstration

of infiltration rates and soil loss/erosion using a rainfall simulator.

Join us along with a group of knowledgeable speakers for a day of exploration and idea sharing. The tour will conclude at 5:30, with a pork chop dinner provided by the SWCD. Reservations by August 6th are appreciated and can be made by calling the district office at 815-462-3106 ext.3 or sending an email to info@will-scookswcd.org.

An agenda and map will be available at www.will-scookswcd.org by August 10th. Hard copies can also be obtained via email or USPS by requesting such at the time of registration.



Local farmers are using innovative techniques to control weeds, reduce tillage, and preserve soil nutrients. This farmer is harvesting a wheat field where he had earlier planted soybeans. The wheat stubble will continue to block weeds and preserve the soil as the soybeans grow.

Help Us Provide Food for Less Fortunate Families



On August 20, we'll donate \$100 to a Cook County food pantry.

To select the food pantry, the only thing you need to do is LIKE OUR PAGE on Facebook and COMMENT ON or SHARE the post. Individuals will also be eligible to win a \$150 grocery store gift card.

The food pantry and \$150 gift card winner will be chosen on August 20.

Co-Operator

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Gracias THANK YOU Gratiſied

The Gratitude Box

Each month, there are people that go out of their way to lend a hand to help with our cause in many ways, big and small. We appreciate it greatly!

The Cook County Farm Bureau thanks...

- Genevieve L. for her keen interest in agriculture and becoming our pen pal since placing in our bookmark contest. Can't wait to receive your letters!
- Fellow Ag Literacy Coordinators for all of their support and sharing during this year's Summer Ag Institutes.
- Janet McCabe for bringing multiple “totes” of wheat heads and stalks harvested from her fields for the 2018-19 Ag in the Classroom program.
- Jack Olthoff, Gary Hebb and the Culhanes for their assistance in copy editing of The Co-Operator.
- Alishia Jones, Robert Resch, Tabitha Welsh and Kendall Wright for expressing interest in volunteering as a part of the Cook County Farm Bureau.

Gratitude

Recognition Appreciative Gratitude

Gracias THANK YOU Gratiſied

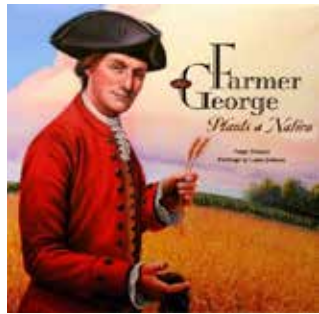
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Downwind

by Bob Rohrer, CCFB Manager
 “Presidential Trade Winds”

Earlier this summer, my wife and I enjoyed a road trip to South Carolina for a wedding/family visit and then a stopover to hang out with our army son in Washington, D.C. I enjoyed seeing our country’s different types of agriculture as we whipped through the countryside. While in D.C., we headed to Mount Vernon, the home of President George Washington. I had never toured his estate, despite a number of visits to our nation’s capital, and I looked forward to learning more about Washington, the general, the president, the family man and especially the farmer. Farming and agriculture were extremely important to this founding father.



George Washington once said, “Agriculture is the most healthful, most useful and most noble employment of man.”

He also said, “The more I am acquainted with agriculture affairs the better I am pleased with them, insomuch that I can find nowhere so great satisfaction, as in those innocent and useful pursuits.”

Washington was a visionary farm owner that enjoyed experimenting with farming practices to advance agriculture.

A display at Mt. Vernon showed a soil box replicating an experiment that Washington wrote about in his diary in April 1760 with the goal of determining the best soil for growing various cereal grains. He used five different soils with additives: cow manure, horse manure, sheep manure, river mud and river sand. He watched the growth and changes of the cereal plants in these plots throughout several months until harvest...early soil science in action!

In 1788, President Washington said prophetically, “I hope, some day or another, we shall become a storehouse and granary for the world.” His words have come true and the United States became and is still vital in feeding the world. Unfortunately, that role is being threatened today.

The current trade war driven by President Trump between the United States and China, Mexico, Canada, Japan, the European Union and other countries is threatening the American farmer’s abilities to play the role of storehouse and granary for the world. Soybean, hog, corn, beef and many specialty commodity prices have plummeted seriously damaging these farmers’ ability to cover their costs and make a living. Once those markets are lost, recovery takes time, if recovery ever occurs.

I have been reading a biography about Ulysses S. Grant by Ron Chernow. The former President Grant, following his two terms as president, ventured out of the country on a two-year world tour to meet with kings, queens, emperors, generals and other leaders of Europe, Middle East, Russia, China, Japan and many other countries. The President’s trip demonstrated to the world that the United States was in the emerging world power. Upon his return, Grant advocated increased trade with these other countries of the world, especially China and Japan.

Today, farmers, large or small ... crops or livestock ... conventional or specialty, all depend upon product demand to make a living. Most farmers in our country have a portion of their product demand coming from overseas consumers. The trade war is killing that product demand for United States farmers.

Below is a “picture” of what a trade war looks like from a soybean farmer’s perspective.



That last month is UGLY!

George Washington was a pragmatic farm trader (the revolutionary war was fought over trade and taxes after all), but not an isolationist...

Incidentally, did you know that George Washington was a successful distiller of whiskey following his service as president? He believed in value added farm products! I believe he had a fan club...

The Trump Administration recently announced plans to prepare a farmer’s aid program to address the downward pressure on many farm prices. Farmers appreciate the fact that the President understands the impact that these government trade actions are having on farmer’s ability to make a living.

However, I have been working for the Farm Bureau for over 30 years and throughout those years, I have observed so many farmers as well as the general public frustrated by various government support programs for agriculture. During the recent decades, the solution has been sound farm and food policy focused on free trade, not farm government domestic support. Farmers have had preferred to shift to market driven solutions for farm income and it seemed as if that had finally been achieved.

It is time to fix our trade deals.

SAVE THE DATE

Build a Board Night at the CCFB

Thursday, September 27, 2018 from 7-9 PM

Choose from 4 designs (more info to be published in September Cooperator)...

Admission is \$35 for members (regularly \$45). Admission includes all painting supplies, snacks and soft drinks.

CCFB, 6438 Joliet Road, Countryside IL 60525

708-354-3276

This photo of an old Farm Bureau \$500 reward sign was spotted on a log cabin wall in northern Wyoming. There are some State and County Farm Bureaus in the rural areas of the Country that still offer a reward program as a deterrent from crimes against farms, crops and equipment.

Your Orland Park Agency

 Cary Tate 708-226-1111 Agency Manager Orland Park, IL	 Piero Setta 708-226-0431 7601 W. 191st St Tinley Park, IL	 Jim Andresen 708-633-6490 17605 S Oak Park Ave Tinley Park, IL	 Thomas Geraghty 708-425-9700 5003 W 95th St Oak Lawn, IL	 Mark Wright 708-403-2416 7601 W. 191st St Tinley Park, IL
 George Parthemore 708-226-1896 9432 W 143rd St Orland Park, IL	 Dean Reszel 708-478-3136 11056 W 179th St Orland Park, IL	 Mike Skrabis 708-226-1666 9731 W 165th St Orland Park, IL	 Tony Palumbo 708-403-5708 7601 W. 191st St Tinley Park, IL	 Mike Spadoni 708-425-1825 3923 W. 95th st Evergreen Park, IL
 Bob Johnson 708-429-9422 17605 S Oak Park Ave Tinley Park, IL	 Dan Stumpf 708-614-1688 17605 S Oak Park Ave Tinley Park, IL	 Bill Thompson 708-361-1304 12130 S Harlem Ave Palos Heights, IL	 Nora Beverly 708-429-7789 17605 S Oak Park Ave Tinley Park, IL	 Brian Zielinski 630-257-6100 106 Stephen St Lemont, IL
 Nick Burke 708-425-1816 3923 W. 95th st Evergreen Park, IL	 Mike Thauer 708-425-1559 3923 W. 95th st Evergreen Park, IL	 Erica Storrs-Gray 708-671-1465 12130 S Harlem Ave Palos Heights, IL	 Terry LaMastus 708-754-5900 3308 Chicago Rd Steger, IL	 Joe Voves 708-425-1527 3923 W. 95th st Evergreen Park, IL

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9731 W 165th St Suite 36 Orland Park, IL 60467
708-226-1111

0417-510HO

Dear Members:

Agriculture and Cook County Farm Bureau has changed a lot since the organization was created by a group of leading farmers back in 1920.

As we consider the long, storied history of the Cook County Farm Bureau, we have begun seeking memorabilia and artifacts that can help tell the story.

We are asking members to check your attics, closets, bookshelves, and basement storage areas for items that can help us chronicle agricultural and Farm Bureau history in Cook County. We also welcome any affiliated company history such as Lake-Cook Farm Service Supply, Country Companies, etc.

Items may include - photographs, member signs, clothing, newspapers, lapel pins, old "give-away" promotional items, documents, and other keepsakes.

If there is a story behind the item, please share it with us as well. We will be pleased to credit you and your family. Items can be provided on loan or donated.

We hope to be able to partially recreate the evolution of Agriculture and the Farm Bureau through the power of memory items!



Please contact the Cook County Farm Bureau at 708-354-3276 or email us at ccfb@cookcfb.org. Thank you for your help! Truly, Bob Rohrer, Manager

Planter Workshop Series Adds 2018 Dates

Cook County Farm Bureau® member businesses are excited to be hosting 2 new Planter Workshops. Members and guests are encouraged to register early to ensure a spot!

Fall Planter Workshop at Schroeder's Greenhouse & Ldscp

10800 Southwest Hwy | Worth, IL 60482
Saturday, September 22nd | 10 AM | Fee: \$25.00

Create a fall planter to display on your porch, patio or balcony area while learning planting tips and tricks from the experts; workshop includes pot, soil, and all plantings.

Holiday Porch Pot at West End Florist & Garden Center

3800 Old Glenview Rd | Evanston, IL 60201
Saturday, November 17th | 10 AM

Create a holiday planter to display on your porch, patio or balcony area while learning planting tips and tricks from the experts; workshop includes pot, soil and all plantings.

Prior Registration & Payment Required
Call the Farm Bureau at: 708-354-3276 or Register online at the Member Center: www.cookcfb.org
Class size is limited!



Three family night Breakout Box events were held at local libraries this summer were almost 100 participants used agriculture-based clues to unlock the mystery box. All enjoyed a quick game of Cook County Ag BINGO to wrap up each program.

Meet a "Face" of the Cook County Farm Bureau®



Each month we are highlighting a Cook County Farm Bureau Board Member.

This month's "Face of CCFB" is ...

James (Jim) Gutzmer

- James Gutzmer has been a member of the Cook County Farm Bureau Board of Directors since 1999 and is the immediate past President.
- Gutzmer is a member of the Member relations team, Public relations team, the political action Committee and is an Activator Trustee.
- Gutzmer along with his wife Karen operated a roadside vegetable stand in north Cook County.
- Gutzmer is a retired linesman been married for 52yrs, with two sons one a Fireman and one in Atlanta.
- Gutzmer enjoys Golf and fishing.



WHAT IS YOUR FAVORITE FARM MEMORY?
As a kid helping my dad attend to our hogs.

IF YOU CAN BE ANY TYPE OF FARMER, WHAT TYPE WOULD YOU BE?

Working with Animals (sheep)

WHAT IS YOUR BEST FOOD MEMORY? As a kid at family picnic's eating as many hot dog's as I wanted.

WHAT IS YOUR FAVORITE FOOD?
Pot Roast slow cooked with onion, celery and potatoes.

WHAT IS YOUR FAVORITE FARM ANIMAL?

Pigs- easy to handle

WHAT IS YOUR FAVORITE COOK COUNTY FARM BUREAU MEMBERSHIP BENEFIT?

The discounted movie tickets

WHAT IS YOUR FAVORITE FARM SMELL?

Freshly mowed hay

WHAT IS YOUR FAVORITE TRACTOR?

The red one-Farmall

WHAT IS YOUR FAVORITE COMFORT FOOD?

A nice bowl of ice cream.

WHY IS IT IMPORTANT FOR MEMBERS TO GET INVOLVED IN THE COOK COUNTY FARM BUREAU?

To maintain a strong positive attitude with the legislatures and the general public.



Cook County Farm Bureau will be hosting a "Shred Day" Saturday, October 6, 2018
10 am to 12pm

Oak Forest Country Financial Building
4845 W. 167th St. Oak Forest

Bring any old documents (up to 3 bankers boxes) that you would like to be shredded FREE OF CHARGE! Please call the CCFB at 708-354-3276 to make a reservation.

Better than a burn barrel
Much easier than using scissors
Free for members

Cook County Farm Bureau Members tickets priced at \$18 per race!
(\$30 Value)



LIVE FAST.
RACE FAST.

100% ELECTRIC

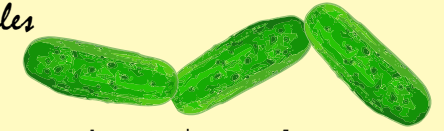
Guests must be over the height of 48" to race. No one under the height of 48" will be permitted to race.
Offer not valid with any other discounts, offer, or group events.
Valid at all K1 Speed Locations Nationwide

*Call CCFB office to purchase tickets!!



Recipe of the Month: Garlic Dill Pickles

4 lbs cucumbers (5-6 in long)
¼ c minced garlic
2 jalapenos thinly sliced
½ c fresh dill
Slice cucumbers into ½ in thick slices and put in a clean crock or non-corrosive container. Add the garlic, jalapenos and dill.



Brine:
4 c white vinegar ½ c sugar 2 c water
6 T Kosher salt 5 T pickling spices 2 T mustard seed
2 T pepper corns

Combine the brine ingredients in a sauce pan and bring to a boil. Cool for several minutes and stir into the cucumber slices and mixture to combine. Let cool at room temperature. Cover with a lid and store in the refrigerator for one week before beginning to eat.

Recipe reprinted with permission from Ray's Quality Greenhouse Staff, from our 2018 Cookfresh Recipe Collection Brochure.

You can submit your recipes for the 2019 Cookfresh Recipe Brochure by mailing to the Farm Bureau or to membershipdebbie@cookcfb.org.

“From the Country”

Start the School Year Off Right By Putting Safety First



Jeff Orman, Country Financial Agency Manager South Holland Agency

Summer days grow shorter and communities across America prepare for an annual ritual: the first day of school. It's a time when parents breathe a sigh of relief, students anticipate new challenges, and when all of us need to put safety first.

The start of school is among the most dangerous times of the year for children. This is when our children are at an increased

risk of injuries from pedestrian, bicycle, school bus and motor vehicle crashes.

At the beginning of the school year more children are on the road each morning and afternoon and many drivers' patterns change. Shorter daylight hours make it especially difficult to see young pedestrians and bicyclists.

The following tips can help make this a safe and happy school year for the whole community.

Motorists: Be Alert

- Slow down and obey traffic laws and speed limits, especially around schools.
- Stop for school buses that have stopped to load or unload passengers. It's the law.
- Watch for children walking in the street, playing and gathering near bus stops and those arriving late for the bus.
- Watch for young people who may be in a hurry to get to school and may not be watching out for cars.

Parents: Teach Safety

- Help children learn the safety rules for walking, bicycling or riding in a passenger car, school bus or transit bus.
- Supervise children while they walk or bike to school or as they wait at the bus stop.
- Buckle up when you're riding in a car and ensure all children and passengers are buckled up also.
- Place children in the back seat when riding in the car. It's the safest place.
- Be a good role model. Practice the safety rules you

teach to children.

Students: Be Smart

- Wear a helmet and follow traffic safety rules when riding your bike.
- Use available sidewalks or stay to the far left of the street when walking to school, or to the bus stop.
- Cross at the crosswalks when walking to school or to the bus stop, obey all traffic signs, stop lights and safety patrol instructions.
- Find a safe place to wait for the bus, away from traffic and the street.
- Stand at least five giant steps away from the curb and wait your turn to get on the bus safely.
- Be a good role model. Help other students learn and practice the safety rules.

Start the school year off safely and you'll start it off right.

For more information on school safety, visit the Keeping Your Family Safe at www.countryfinancial.com under the Tools and Resources tab.

Jeff can be reached at Jeff.Orman@countryfinancial.com.

CCFB Volunteers Visit Community Gardens



CCFB Commodities/Marketing Team member, Kathy Bloomstrand visited Roots Community Garden in Palatine (photos above). Roots Community Garden is a 2018 CCFB Community Garden Grant recipient. Here is what Kathy had to say about the visit: "They have a great garden! 30 to 35 families work in the garden, and high school & Harper college students help as part of their volunteer program. They have activities for the little kids to do too. This year they also have a gardener who has helped them with things such as composting."



CCFB Commodities/Marketing Team Chair & Board member Gerry Kopping visited Sauk Village Community Garden. Garden Coordinators Collen and Nanette used their grant funds to purchase soil, tools fertilizer and plantings from member business, Crete Garden Center & Landscaping.

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Your Chicago South Agency

6438 Joliet Road | Countryside, IL 60525 | 708-352-5555

 Marc Rogala 708-352-5555 Agency Manager	 Robert Sweiss 773-498-7339 6415 W. 63rd St. Chicago, IL 60638	 Theo Leonard 773-239-7800 10414 S. Western Ave. Chicago, IL 60643	 Gwen Shaw 773-487-0918 738 E. 87th Street Chicago, IL 60619	 Silver Castillo 773-284-9000 6239 S. Archer Ave. Chicago, IL 60638
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Agricultural Literacy & Public Relations

Kirsten's Korner: What did Ewe Learn? Summer Agriculture Institute 2018

By Kirsten Raver



As an intern with the Cook County Farm Bureau, I had the opportunity to join sixteen other teachers on the Summer Agriculture Institute. The Summer Agriculture Institute allows teachers to learn more about agriculture through first hand experiences. As a person who loves to see things first hand, I immediately knew that this would be a great experience. The journey started on July 10 at the Cook County Farm Bureau and ended July 13 at the Cook County Farm Bureau, and included thirteen stops along the way.

Being an agricultural sciences education major, I was excited to see how I could connect my prior knowledge to the subjects and to see it first-hand. The teachers all shared that excitement at every stop, investigating the fields, asking questions, and actively participating in the activities offered to them.

The first day included four stops with a common theme, corn. Each farm had different information to share such as, showing the dryers and silos that hold corn, explaining the growing seasons, and sharing how roadside sweet corn is planted in intervals in order to allow sales all summer. Day one also included an inside look as to how cow fat and marbling is determined, to allow for a cattle's proper diet, a look at how drones are becoming handy for assessing field quality, and how you can use mapping of fields to determine soil quality for every section of the field.



Day two was the longest day, because it included six stops which covered a large variety of agricultural practices. From learning the process of turning wool into yarn to learning how to operate a dog biscuit bakery, there was a variety of information. A stop that I found to be very interesting was touring Edwards Apple Orchard in Poplar Grove. They have a large fan in the middle of their farm to help keep frost off the apple blossoms in the spring, which is an interesting concept that stirs



up warm air to prevent frost from forming.

Day three was a shorter day, with three tours on the itinerary. The

stops were all diverse and very interesting. With Walnut Grove Vocational Farm being a farm for adults with special needs, who can be in an environment they love. They receive agriculture and horticulture training in order to build skills for job placement. Another stop we spent a majority of our time at was Walnut Grove Farm LLC in Kirkland, Illinois. At this third-generation family farm, teachers were able to watch cows being milked and discuss sanitation and food safety. Participants also discussed organic and conventional farming as well as food labels.



The last day of Summer Ag Institute was spent at the Farm Bureau, where guest speakers generously gave the teachers materials that they could use in their classrooms. This included games, applications for grants, lessons, and whole plans for units.



This trip is exploding with information that can help not only future teachers, but the general public. After having the opportunity to visit with farmers that are incredibly welcoming, I would encourage every person given the opportunity to do anything similar to take full advantage.

Thank you to the farms and presenters that hosted the tours this year!

Larson Farm
Illinois Wool and Fiber Mill
Pound Bakery
Pitstick Farm
Edwards Apple Orchard
McEachran Homestead Winery
Johnson Farm
Friendly Franseen

Walnut Grove Vocational Farm
Whiskey Acres
Twin Gardens
AgReliant Genetics
Walnut Grove Farm LLC
FCAE
Nutrients for Life
Illinois Ag in the Classroom



National Ag Conference



Illinois had great representation at the National Conference that included educators, Ag Literacy Coordinators and Illinois Farm Bureau Representatives who are able to use the incredible resources provided by IL Ag in the Classroom Director of Education Kevin Daugherty (far left) and his staff.

Over 400 educators from across the United States gathered in Portland, Maine to learn new ways to use agriculture in their teachings. The national conference used workshops, speakers and tours of farms to show educators how effectively agriculture can be used in formal classroom instruction. Attendees rotated through a wide variety of workshop sessions including choices such as Thinking Critically about Farming, Food and Sustainability, It's All in the Family – Wheat Genetics, Innovation in Agriculture, Fun with Plants and much more. Featured speaker Sebastian M. Belle (Executive Director of the

Maine Aquaculture Association) spoke about the new aquaculture research and development taking place in Norway, including the development of underwater farms as an alternative to land-based food production. Throughout the conference new approaches to feeding the growing world's population and teaching students about their critical role in this challenge was highlighted. We look forward to sharing conference lessons with our Cook County educators through our workshops that will be held here at the Farm Bureau. Dates will be posted in the September Co-Operator and regularly updated on our website.

Embryology Grants

"I teach an elective class called 'Wild Things,' which is basically a 'farm-in-the-classroom' class in which students plan and plant a garden and learn about native plants and animals. This year, we added raising chickens to the curriculum," shared one educator who was the recipient of our Embryology Grant and received an incubator and egg turner for their classroom. The following schools all did projects using the grant:

- Springfield Elementary School, Midlothian IL**
- St. Alphonsus-St. Patrick School, Lemont, IL**
- St. Joseph School, Summit, IL**
- Saint Germaine School, Oak Lawn, IL**
- Gwendolyn Brooks Middle School**
- Dawes School, Chicago, IL**

"I just want to thank you for the opportunity of a lifetime, not only for me, but for my students!", shared teacher Carole Scannell. Their project began with reading books to build background knowledge such as Hatching Chicks in Room 6 by Caroline Arnold, The Slightly Cracked Egg, by Tom Rose and more. Several science experiments were conducted using unfertilized eggs while the fertilized eggs were in their 21-day incubation cycle. The Cook County Farm Bureau Foundation provided the funding and looks forward to new grant opportunities in the 2018-19 school year. If you are a teacher and have a suggestion for an agriculture related grant, please submit it to aite@cookcfb.org.



The incubator at Dawes Elementary School shows the chicks just beginning to hatch. Students throughout the school participated in observing the incubation process and were completely engaged through lessons and hands-on activities.

AGRICULTURE ADVENTURES FOR FAMILIES

Children throughout Cook County and Illinois begin the process of getting ready to head back to school this month. Hopefully the summer included some travels around our great state to experience all Illinois has to offer. **Agriculture** is the number **one industry** in **Illinois** in terms of economic impact! Every day includes agriculture as you can see by the home to school example shown this month.

It's the first day of and you're so excited to meet your new teacher and classmates. You run downstairs and have your favorite breakfast, of course! Your mom tells you to get ready for school, so you quickly get changed into a and . When you come back to the kitchen, your mom has your ready and she's encouraging you to get to the so you can make the on time.

When you get to school, your new teacher, Mrs. Jenson, asks you to pull out a piece of and and she asks you to think about how agriculture affects you in your daily life. Thinking to yourself, "Agriculture doesn't affect me, I don't live on a farm!" you struggle to write anything down. After a minute, Mrs. Jenson chimes in saying, "Think of what you may use every day, that may come from a farm."

This gets you thinking... Your food comes from a farm! You quickly write down since that's what you had for breakfast. You then peek into your and see that your mom made you a and sandwich, so you write down and as well. Oh yes, and the came from . You then make note of where you got those items. comes from , comes from , and comes from ! You remember that your comes from , so you write that down too. But, that's all you can think of!

Mrs. Jenson finally asks the class to and to share how agriculture affects everyone. Your friend, Sam, raises his and shares that his clothes come from a farm. You never thought of that, are made of ! Hannah raises her and says that her grandparents are farmers and said that can make gasoline. You think to yourself, "How does make gas?" Mrs. Jenson is eager that Hannah mentioned that and adds, " makes ethanol which is fermented." And then proceeds to explain the fermentation process. A few other students raise their and mention food comes from farms. After this, Mrs. Jenson talks about how most objects you use throughout your day relate to agriculture and that it is something that you see every day and never think about. This has made you want to learn more about agriculture and see what else you use that is connected to ag. What are some other things you use that are influenced by agriculture?

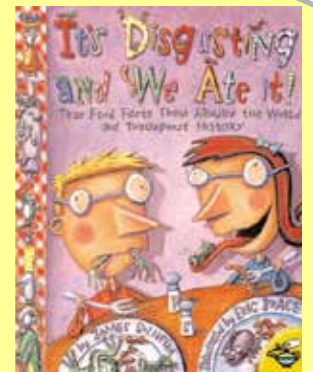
PACK A HEALTHY SCHOOL LUNCH

Protein PBJ Sandwich Hummus Turkey/Ham Roll ups Turkey/Ham Sandwich Protein Bar Trail Mix Tuna Grilled Chicken Eggs	Snack Popcorn Pretzels Corn Chips Veggie Straws Goldfish Crackers Rice Cakes	Veggies Carrots Cucumbers Celery Broccoli Snap Peas Peppers Tomatoes Guacamole
Dairy Yogurt Cheese Stick Cottage cheese Milk	Fruits Strawberries Apples Grapes Blueberries Bananas Raisins Fruit Cups Melons	Sweet Treat Graham Cracker Rice Krispy Treat Granola Bar Animal Crackers Fruit Snacks Pudding
Beverages Water Juice Pouch Ice Tea	*According to the USDA MyPlate, a healthy meal includes of 1/2 fruits and vegetables and half protein and grains, along with dairy.	

Reading Recommendation

For a fun read that delves into interesting food facts from around the world, we recommend:

It's Disgusting and We Ate it!
By: James Solheim



How about a nice dish of Colonial Squirrel Pie with a side of milkweed shoots? If that doesn't grab you, you might think about trying some Garbage Stew, just like they made in medieval England. But if you're feeling a little tired and need a boost, your best bet is roasted spiders. They've got three times the protein of cooked beef. (Is your mouth watering yet?)

Illustrated by the wildly-creative Eric Brace, *It's Disgusting — and We Ate It!* is a fascinating look at culinary creations from all over the world!

Choose your prize: Choices include a \$25 Beggar's Pizza Gift Card, a \$25 Home Run Inn Gift Card, OR *3 AMC Movie Tickets
*AMC Yellow tickets not valid in California, New York & New Jersey.

Complete the Word Search puzzle for your chance to win! Winners will be contacted by mail.

Mail to: Cook Co. Farm Bureau
Ag Adventures Word Search
6438 Joliet Rd
Countryside, IL 60525
Fax to: 708-579-6056

Email to: FBcooperator@gmail.com

Complete and submit an entry every month all in 2018 and your name is automatically entered into an "End of Year" drawing for a gift basket full of ag themed goodies. Good luck!

Last month's word search winner is...



Joseph Baldyga
Congratulations!

August Word Search

B N Z O L H I M L W H C P E R
 U N N D Z O X Q H C E L S I Z
 S V S X L C O F R I Z E E L D
 A H V W Q H B H S J E T U E A
 Z W I J F J Y E C H Q N W H U
 R M N R B B E W C S C Z D O H
 C V Q A T R L L D H Y R B L N
 Q J Q D T R P C A G R E P A P
 D L A E M T A O L L A L T F Y
 D A O M M W N N I C C U O Z W
 H U E F L Z T R U I Z O J I I
 D H L R O L S T B E B C W T F
 V P C E B I G A N B K M C S N
 N W H H M C I E Z E F J P M A
 Z V T P E N P H S F J K K X H
 W S I C H E B W P I G S P H Q
 Y J H D C P C O T T O N A D Z
 V U E Y E I Z U G K V M V F N
 D L B E R P X Z H V F L B I I
 H I N I A D I F P B N Z Q C K

Bread
Bus
Cheese
Cotton
Cows
Ham
Lunch
Oatmeal

Pants
Paper
Pencil
Pigs
School
Shirt
Trees
Wheat

Name: _____

Phone #: _____

Membership #: _____
(Membership # is located on front of paper)

If you were to win, check your preference:
 ___ Beggar's Pizza GC ___ HRI GC ___ 3 Movie Tix
 (If a choice is not made, movie tickets will be sent)

Deadline is the 20th of each month.



Post-Vacation Transition Accentuates Needs of Farm and Home

“It’s hot here,” our son said. He declared this the hardest part about returning from a vacation in the refreshing cool mountain air of the Pacific Northwest. I disagreed, as I find 81 degrees a welcome July temperature in Illinois. Rather, I’m pooped. My body runs on Pacific Time and my mind spins, overwhelmed by the mountainous to-do list.

Weeds grew in the garden and gravel drive during our absence. Bills arrived in the stack of accumulated mail. The yard needs string trimmed, the chicken house scooped, and my daughter just harvested 13 zucchinis and an armful of cucumbers from the garden. Shortly after we left on vacation, a racoon ravaged three flower pots over several nights for my substitute waterers to handle. On our first night back home, we set the live trap and the sly bandit rolled it over to safely consume the cat food we placed as bait. The next day, it trapped both of our farm cats at once.

“That’s why I never take vacations,” a friend and fellow volunteer leader told me. I had called him to catch up on the status of the community playground project that we manage. The fantastic trip to the Olympic National Park and other sites left me exhausted, overwhelmed and, for a day, emotionally as cold as a mountain stream ... with the 4-H Fair eight days away.

While preparation is my style, my kids must make or assemble a bulk of their projects within 48 hours of show time: fresh vegetable displays, a decorated cake, food treats, and an advanced floral arrangement. On the way home from the airport, I picked up some milk, bread, and fresh produce, as well as rice cereal and marshmallows for our son to practice a couple rounds of cereal bars before the final batch for his Cooking 101 project.

The day after we returned, our household awoke at a time appropriate for residents of Washington State. Outside, yellow airplanes already buzzed overhead to spray nearby corn fields, which fully tasseled in our absences. Thankfully, our farm employs reliable local men who handled feeding steers, hauling grain, mowing farm yards and watering flowers in the absence of our entire farm family for a family wedding in Seattle. Ironically, my daughter and I read *The Pioneer Woman Magazine* on the flight home, and Ree talked about someone helping on their ranch when they take trips, too.

Despite the weather withdrawals and mounting workload, we don’t regret the trip. Our family viewed stunning natural sites, played in waterfalls, enjoyed visits to fruit farms of the Columbia River Valley, and unplugged from life’s hectic pace for days. I cherish the memories from the annual summer trips of my childhood. I learned then that the workload upon our return meant that our farm and home needed us while we were gone. It’s just that it usually feels better than this to be needed.

About the author: Joanie Stiers, a wife and mother of two farm kids, writes from west-central Illinois, where her family grows corn, soybeans and hay and raises beef cattle.

Family Food Bytes

JOB PROSPECTS ON NEW ILLINOIS URBAN FARM (FarmWeekNow) – Windy City Harvest, an urban agricultural program of the Chicago Botanic Garden, recently opened Farm on Ogden, an urban farm in North Lawndale. The 20,000-square-foot facility will provide training to more than 100 people in its first year of operation and will aggregate more than 177,000 pounds of produce annually, including 14,000 pounds of tilapia, as well as 33,000 pounds of produce from the Lawndale location and 130,000 pounds of produce from 12 other urban farms.

TRADE WAR BECOMES A REALITY (New York Times)– The trade war between the U.S. and China officially began as President Trump followed through on his aggressive threat to impose tariffs on \$34 billion worth of Chinese goods. China followed through with their expected retaliation. As of right now, it is unclear how this trade war will conclude.

PROPOSAL TO MOVE FOOD SAFETY RESPONSIBILITIES TO USDA (Farm Doc Daily) – The Office and Management and Budget recently recommended the Food Safety and Inspection Service and the food safety functions of the FDA be merged into the USDA. This would create a new agency called the Federal Food Safety Agency. The FDA would be renamed the Federal Drug Administration.

CHEESE MAKERS SUFFER UNDER NEW TARIFFS (Wall Street Journal) – Impending tariffs on Provolone and Mozzarella cheese are stressing American cheese makers who usually rely on foreign markets. The cheese levies are a response to the U.S.-placed tariffs on Mexican steel and aluminum. Mexico was slated to raise its levy on U.S. cheese to as much as 25 percent; China is expected to implement tariffs on \$34 billion of U.S. goods including cheese, whey, and dairy byproducts.

FOCUS ON FRESH BEEF PAYS DIVIDENDS FOR MCDONALD’S (FarmWeek) - The Company’s sales soared 68 percent in the first six weeks of offering fresh beef sandwiches. McDonald’s, which has changed its menu numerous times during the years, decided to return its focus where it started – fresh beef. And that’s good news for farmers as strong demand for cattle also drives feed needs and spurs corn and soybean sales.

The Oak Brook-based company, which recently opened its world headquarters in downtown Chicago, built a fresh beef supply chain in the U.S. in just six months.



McDonald’s now offers made-to-order Quarter Pounders with fresh beef patties. McDonald’s sells about 63 million burgers per week in the U.S. and about 660 million pounds of beef per year worldwide. The fresh beef patties are all sourced from North America. That makes McDonald’s one of the largest buyers of beef in the nation. It currently consumes about 2 percent of all beef produced annually in the U.S.

PRAIRIE FARMS DAIRY CELEBRATES MILESTONES (FarmWeek) – The farmer-owned dairy cooperative, Prairie Farms Dairy, celebrates its 80th anniversary. That cooperative includes 952 farm member families in the Midwest and 6,000 employees in 17 states, and its footprint continues to expand.

“Prairie Farms’ story is an excellent story to tell and consumers accept it because many times the milk is from the cow to their table within 72 hours,” CEO Ed Mullins said. “It all starts from the quality of the raw milk that we get off the farm from our producers and what we’re able to do in the processing chain.”

SHEDDING LIGHT ON SOLAR LAND (FarmWeekNow.com)– According to the national Farm Service Agency, land with solar energy panels is nonagricultural land and is therefore not eligible to be part of a farm’s crop acreage base. Land enrolled under Ag Risk Coverage-County (ARC-CO) and Price Loss Coverage contract or ARC-IC (individual) contract must be used for an agricultural activity.

AFBF SURVEY SHOWS OPIOID EPIDEMIC NOT JUST A “BIG CITY” PROBLEM (RFD Radio network) - According to an American Farm Bureau Federation (AFBF) survey of 2,000 rural residents and farmers late last year, three out of every four farmers have been directly impacted by opioid abuse.

AFBF teamed up with the National Farmers Union (NFU) on an effort called Farm Town Strong to bring awareness to the issue. The effort aims to provide resources and information to help those in rural areas impacted by the epidemic. One of the tools is the website www.FarmTownStrong.org.

“The fact that we’re working together on this shows it’s a big problem that we all need to address,” Atkinson said. “I think people tend to look at this issue and think of an urban, big-city problem, when in reality it’s hitting farm country harder than anywhere else.”

TRANSPARENCY KEY TO SUSTAINABILITY (FarmWeek) - OSI Group, a leading meat and food supplier to some of the world’s biggest brands, got its start meeting customers face-to-face in the streets of Chicago. Otto Kolschowsky founded the company in 1909 as a family-owned meat market and butcher shop.

Now, 109 years later, OSI still finds consumer interaction as important as ever to keep up with an ever-changing marketplace. Nicole Johnson-Hoffman, chief sustainability officer and senior vice president of OSI Group, discussed food trends and keys to sustainability during a recent FarmWeek interview. “We specialize in providing further processed meat (including bacon, chicken, hamburger and sausage) and other products to some of the world’s leading brands,” Johnson-Hoffman said. “Our founder started with a pushcart in Chicago.”

OSI currently operates 65 facilities in 17 countries, with more than 20,000 employees. Much of the company’s recent expansion has been overseas, but growth continues in its home state of Illinois as OSI built a new plant in Geneva in 2012 to produce frozen entrees and other food products. In 2016, it acquired an existing processing facility in Chicago from Tyson.

A key to the company’s success involves providing customers what they want and adapting to the marketplace. Transparency also is a critical component of the sustainability equation, according to Johnson-Hoffman.

Sustainability of food-production systems start at the ground level with a focus on the environmental footprint, animal welfare, the well-being of people and impact on communities.

About Family Food Bytes: This is a collection of articles gathered from both mainstream and agriculture media and is designed to keep you informed as a member and leader within the Cook County Farm Bureau organization. The articles summarized above are not intended to represent Cook County Farm Bureau policy or positions, but rather to provide members an idea of what is being reported regionally, nationally and globally.

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GOVERNMENTAL AFFAIRS UPDATE

Farm Bureau Continues to Negotiate Changes to Cook County Zoning Code



Farm Bureau is actively engaged with Cook County Commissioner Peter Silvestri, Chairman of the Committee on Building and Zoning and the Building and Zoning Department to minimize the impact of proposed zoning changes on Cook County agriculture.

The amendment provides:

- Reasonable minimum lot sizes for individuals interested in keeping livestock or horses.
- Reasonable requirements for apiaries located on smaller residential lots.
- Reasonable minimum requirements for animal enclosures.

In February, Farm Bureau submitted comments regarding minimum lot sizes for the keeping of bees. The proposed ordinance stipulated that beehives were limited to lots with an area of at least two-acres. This lot minimum along with limits regarding the number of hives was eliminated in the final

draft of the ordinance.

A subsequent draft provided that livestock and horses could only be kept on lots with a minimum area of three-acres and that an acre of space was required for each horse. Almost all horse riding stables, horse tracks, and carriage barns in Cook County have fewer acres of land than horses. Midwest farmers use a combination of limited time grazing and supplemental feed (hay, grain, etc.) to maximize the number of animals they can house. Farm Bureau successfully negotiated a change to the ordinance to reduce the lot size requirement and to eliminate the requirement for an owner to have an equal number of acres and horses.

Farm Bureau continues to work closely with Commissioner Silvestri and his staff and Building and Zoning staff to negotiate the changes. Members are encouraged to contact Bona Heinsohn at 708-354-3276 or via email at bona@cookcfb.org.

Farm Bureau Working on Property Assessments

According to recent studies, since 2009 the county's assessments have violated the accuracy standards set by the International Association of Assessing Officials, an international professional organization that develops assessment guidelines and standards, that assessors check their assessments- known as sales ratio studies- for fairness and accuracy.

The Cook County Assessor's Office has admitted in recent newspaper articles that they do not check their work for fairness and accuracy, as is a standard practice for assessors. A result of home values that are "outside the target range" of industry standards is regressivity- the tendency to over value lower-priced homes and undervalue more expensive properties.

Cook County Farm Bureau® is submitting a resolution to amend the Farm Bureau's Property Tax Administration policy to support legislation to require that multi-township assessors check their assessments for fairness and accuracy.

The draft policy states: "We will support legislation to improve the administration of local assessments including: Requiring local assessors to conduct sales ratio studies to check assessments for fairness and accuracy."

Farm Bureau members are encouraged to contact Bona Heinsohn at 708-354-3276 or via email at bona@cookcfb.org with any questions, comments, or concerns.



Representative Christine Winger hosted farmer members from Carroll, Cook, and DuPage County Farm Bureaus during a recent Adopt-a-Legislator® visit to her 45th House district. Farmers toured the Bloomingdale Park District, Lynford Winery, and NOW Foods.

Government Officials and Staff Engage in Conversations about Nutrient Management

Cook County government officials and staff engaged in conversations regarding nutrient treatment and recovery. Participants toured the Stickney Water Reclamation Plant, which can treat up to 1.44 billion gallons of water daily. The plant treats effluent from Chicago and 46 suburban communities. Through a partnership with Ostara Nutrient Recovery Technologies and Black & Veatch, the Metropolitan Water Reclamation District (MWRD) operates the largest nutrient recovery facility in the world. Using Ostara's technology, the plant can remove phosphorus and

nitrogen to create a high value fertilizer. The plant can produce up to 10,000 tons per year.

Participants also toured MWRD's Harlem Avenue compost treatment site. The site co-composts biosolids, a product of the water treatment process, and wood chips from Chicago area municipalities and landscaping companies. Using a U.S. Environmental Protection

Agency-approved process, MWRD mixes wood chips and biosolids before stacking the product in windrows. The windrows are turned and cured before being screened to ensure that the compost is a consistent and even textured premium product.

Staff Exchange participants also traveled to Smits Farm a family owned and operated business. Over the past 25-years, Smits Farms has grown from a single greenhouse and a family of two to thirteen greenhouses and a family of eight. To conserve nutrients, Smits Farms utilizes compost and innovative farming techniques.

Throughout the program, participants explored and discussed nutrient reduction strategies and the impact of these strategies on the environment and waterways.

Since 2012, over 140 officials and staff have participated in the Staff Exchange Program.



Cook County legislators and staff toured the Metropolitan Water Reclamation District's Harlem Avenue compost site during this year's Staff Exchange Program. This year's program concentrated on the nutrient reduction strategies utilized in the Cook County region.



Carl Smits (pictured in red) of Smits Farms discusses the growing techniques and tools used on his Cook County farm. At Smits Farm, a family owned and ran business, Staff Exchange participants explored the vegetable fields while discussing the farm's efforts to reduce inputs and nutrient runoff.



By Bona Heinsohn

they eat balanced meals complete with a supplement that ensures that they meet their nutritional needs. Like us, they skip fast food, cut back on sodium, and pass on dessert. I always pass on dessert. And I've never added salt to grilled corn.

However, just before I grabbed my parchment and quill, my blue-eyed daughter who quietly entered the world one Father's Day, did something I will never forget.

Earlier this year, my blue-eyed girl and I poured over the 4H fair book and selected her projects for the year. I suggested photography. We have a great camera. Dog obedience. Our corgi spent years in lessons until I gave up on her ever having the speed or grace for agility. Plus "Bella" is

Manifolds, Manolos, and Manure

quite chubby. Cake decorating. I took several weeks of cake decorating lessons though I rarely make the kids' birthday cakes. Rabbits. Rabbits have wonderful, soft, and cuddly ears. Dairy. We own a dairy farm and can easily find a kind and good-looking spring calf.

My blue-eyed girl chose rabbits, sewing, and cooking.

I don't sew. I don't own a sewing machine and just recently bought a needle and thread after my mom ridiculed me for not being able to sew my own button on. Needless to say, I had to prove her wrong.

I'm not a fan of cooking. I can cook but I don't enjoy it. My grandma used to enter every foods class at the fair and would routinely clean house. Unfortunately, she passed away before I married my farmer and didn't leave me her cookbook or her skills.

Rabbits on the other hand are my bailiwick. Together she and I purchased her first rabbit, a blue-

eyed Holland Lop junior buck named "Hedwig."

Shortly after signing up for projects, my blue-eyed girl signed up for her first 4H fair. She signed up for 4H and open class rabbits. Cooking 101. Sewing 101. Together we took the livestock ethics test and discussed showmanship and animal care. We made tentative plans for rabbit care at the fair and started freezing water bottles to cool "Hedwig." Together we signed up for the 4H food stand and for too many hours at the wee farm.

Fortunately for my blue-eyed girl her aunt and grandma came to the rescue with sewing. Her aunt helped her select a project and pattern. Her grandma took her material shopping. Together they picked out a tie-dye with black paw prints. Her aunt spent hours in the month leading up to the general projects show teaching her how to use a sewing machine. Sew a straight line. Create even hems. Cut out her pattern. My blue-eyed girl took several

breaks and ate everything in sight but finished her pajama pants with an evening to spare.

The morning of the general projects show, my blue-eyed girl and I melted butter and marshmallows and gently mixed cereal into the mix. Unfortunately for her, I didn't cut even squares. And she created a menu that included chips and dip.

With finesse and a confidence that still amazes me, she met with her cooking and sewing judges and discussed her recipe. Pattern. Skills that she learned. And areas she needs to improve. Leaving the general projects show she had two blue ribbons and an excitement for 4H.

With tears in her eyes and her voice full of wonder, my blue-eyed girl also received a grand champion ribbon in sewing with an invitation to show at state fair and a reserve champion ribbon in cooking.

I can't wait to see what the next nine years of 4H brings.

MEMBER RELATIONS

Workshop on Preparing Wills and Trusts and Transferring Non-Titled Property

Sponsored by the Cook County Farm Bureau

When: Thursday, October 25, 2018 from 6:30-9 p.m.
Where: Orland Park Country Financial
 9731 W 165th St. Ste 36
 Orland Park, IL 60467
Cost: No charge for Cook County Farm Bureau Members
 \$10 per person for non-members
To Register: Call the Cook County Farm Bureau at 708-354-3276
Limited seating!

Speakers and Program Descriptions:

What You Need to Know About Preparing Wills and Trusts

Presented by Thomas J. Olofsson, J.D., Estate Planning Attorney

Do you need to update your will? Do you know what to do prepare a will and a trust? Do you understand what probate court is? This program will provide the advantages and disadvantages of preparing a will and trust. The program will inform you what types of information you will need to gather and decisions you will need make before meeting with a lawyer to prepare a will or trust. Also, tips will be shared on what to look for in choosing a lawyer and where to locate a lawyer for this task.

Who Gets Grandma's Yellow Pie Plate and Grandpa's Pocket Watch? Transferring Non-Titled Property!

Presented by Katherine Reuter, Consumer and Financial Education Consultant

Distributing personal items such as wedding pictures, a vase, furniture, jewelry, Grandpa's pocket watch, or even Grandma's pie plate is an issue that impacts almost all families. Attorneys say that personal property, not the more valuable titled property, causes the most problems when settling an estate. This program will provide tips to help you distribute your own or others non-titled property such as understanding the sensitivity of the issue; deciding what you want to accomplish; deciding what the word "fair" means in your family; identifying the meaning of precious possessions; recognizing distribution options and consequences; and learning how to manage conflicts, if they arise.



FARM BUREAU GRAND SLAM GROUP

WHITE SOX VS. MINNESOTA TWINS

Wednesday, August 21st, 2018 - 7:10 PM
 Guaranteed Rate Field

SPECIALY PRICED WHITE SOX TICKETS!

Specially Priced White Sox Tickets! www.whitesox.com/fbn

On this special night the White Sox would like to offer specially priced tickets to all Farm Bureau members, their families and friends. Tickets start as low as \$13.44!

Orders will NOT be redeemed at the Guaranteed Rate Field ticket windows or the White Sox administrative offices.

ALL ORDERS MUST BE RECEIVED BY FRIDAY, AUGUST 10TH.

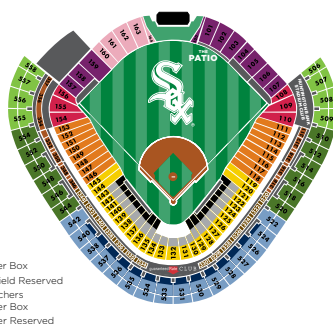
OPTIONS TO ORDER TICKETS	# OF TICKETS	TICKET PRICE	TOTAL
WEB Visit whitesox.com/fbn (Service fees will apply)		Lower Box - \$28.00 (regularly \$42.56)	
		Outfield Reserved - \$15.68 (regularly \$24.64)	
CALL (866) 769-4263 for Ticketmaster and give the "FBN" code (Service fees will apply)		Bleachers - \$13.44 (regularly \$22.40)	
		Upper Box - \$13.44 (regularly \$17.92)	
MAIL with payment to: Chicago White Sox Sales Department ATTN: Farm Bureau GSG 333 W. 35th St, Chicago, IL 60616		Hot Dog Value Meal (hot dogs, chips, soda) - \$7.75	
		Car Parking - \$20	
FAX with payment to: 312-674-5140		Handling Fee (Applies to groups of 19 or less)	\$5
		Total Enclosed	

PRICES ABOVE INCLUDE 9% CITY AND 3% STATE AMUSEMENT TAXES. ALL GAME TIMES AND PROMOTIONS ARE SUBJECT TO CHANGE. NO REFUNDS OR EXCHANGES.

Name _____
 Address _____
 City, State, Zip _____
 Phone _____ E-mail _____
 Please charge my: Visa Mastercard Amex Discover
 Credit Card # _____ Expiration Date _____
 Signature _____

OR: Enclosed is a check or money order payable to the Chicago White Sox.
 (If check or money order is greater than total cost of the tickets, the difference will be made up in Comiskey Cash.)

Check # _____



Lower Box
 Outfield Reserved
 Bleachers
 Upper Box
 Upper Reserved



FOR MORE INFORMATION, GO TO WHITESOX.COM/SPECIALEVENTS

MR

Cook Country Financial Representatives of the Month

The Financial Representative of the Month program is designed by Country Financial Agency Managers of Cook County to recognize overall Insurance Leaders in Life, Disability, Auto, Home, and Health production during the month.



Malgorzata Jura

Chicago North Agency, Victoria Nygren, Agency Manager
 Malgorzata Jura has been named Career Financial Representative of the month for June 2018. Her office is located at 6136 N. Milwaukee Ave., Ste.F in Chicago, IL. Her phone number is 773-631-9107. Malgorzata has been a Financial Representative since January 2008.



Margaret Rybska

Chicago North Agency, Victoria Nygren, Agency Manager
 Margaret Rybska has been named Employee Financial Representative of the month for June 2018. Her office is located at 3701 W. Harlem Ave. in Chicago, IL. Her phone number is 773-427-4623. Margaret has been a Financial Representative since September 2017.



Matt Powell

Chicago Northeast Agency, Sharon Stemke, Agency Manager
 Matt Powell has been named Career Financial Representative of the month for June 2018. His office is located at 4200 W. Euclid Ave., Ste E in Rolling Meadows, IL. His phone number is 847-934-5117. Matt has been a Career Financial Representative since February 2005.



Ibrahim Essa

Chicago Northeast Agency, Sharon Stemke, Agency Manager
 Ibrahim Essa has been named Employee Financial Representative of the month for June 2018. His office is located at 25 NW Point Blvd., Ste. 850 in Elk Grove Village, IL. His phone number is 847-963-8851. Ibrahim has been a Financial Representative since January 2017.



Alex Swistun

Chicago Northwest Agency, Jack Smith, Agency Manager
 Alex Swistun has been named Career Financial Representative of the month for June 2018. His office is located at 225 N. Arlington Heights Rd. Suite 207 in Elk Grove Village, IL. His phone number is 847-891-3183. Alex has been a Financial Representative since March 2002.



Alexander Cohen

Chicago Northwest Agency, Jack Smith, Agency Manager
 Alexander Cohen has been named Employee Financial Representative of the month for June 2018. His office is located at 2435 W. Schaumburg Rd, in Schaumburg, IL. His phone number is 847-891-3183. Alexander has been a Financial Representative since October 2014.



Alonso Nevarez

Chicago South Agency, Marc Rogala, Agency Manager
 Alonso Nevarez has been named Chicago South Career Financial Representative of the month for June 2018. His office is located at 6239 S. Archer Ave., Chicago, IL. His phone number is 773-284-5762. Alonso has been a Career Financial Representative since June 2018.



Ed Beavers

Chicago South Agency, Marc Rogala, Agency Manager
 Ed Beavers has been named Chicago South Employee Financial Representative of the month for June 2018. His office is located at 1401 S. State St., Ste 150 in Chicago, IL. His phone number is 312-588-1404. Ed has been a Financial Representative since April 2015.



Tim Hartnell

Orland Park Agency, Cary Tate, Agency Manager
 Tim Hartnell has been named Career Financial Rep of the Month for June 2018. His office is located at 1938 E. Lincoln Hwy., Unit 217 in New Lenox, IL. His phone number is 815-462-2003. Tim has been a Financial Representative since January 1993



Scott Vergara

Orland Park Agency, Cary Tate, Agency Manager
 Scott Vergara has been named Employee Financial Rep of the Month for June 2018. His office is located at 9731 W. 165th St., Ste 36. in Orland Park, IL. His phone is 708-226-0350. Scott has been a Financial Representative since May 2018.



Tim Perchinski

South Holland Agency, Jeff Orman, Agency Manager
 Tim Perchinski has been named Career Financial Rep of the Month for June 2018. His office is located 29 East 34th St., in Steger, IL. His phone is 708-754-7300. Tim has been a Financial Representative since December 2002.



Tim Winters

South Holland Agency, Jeff Orman, Agency Manager
 Tim Winters has been named Employee Financial Rep of the Month for June 2018. His office is located at 10607 S. Harlem Ave., Worth, IL. His phone number is 708-480-5094. Tim has been a Financial Representative since May 2016.

Classifieds

All ads that we receive for the Co-Operator are also listed on our website at cookcfb.org/membership/classifieds. If you have a photo of the item(s) that you are selling (Auto, Home, Furniture, etc.) you can email it to us to include it on our 'Classifieds' page on our website only along with your ad. Email your ad (and photo if you have one) to FBcooperator@gmail.com. Please be sure to include your full name, Farm Bureau number, and phone number. Deadline date for Classified ads is the 17th of each month. Any ads submitted after the 17th will appear in the following month's Co-Operator. Members may run up to four non-commercial classified ads annually for free. Any ads submitted after the fourth free, will be charged. If mailing your ad, please mail to: Cook County Farm Bureau, Attention: Classified Ads, 6438 Joliet Rd, Countryside, IL 60525. You can also fax your ad to 708-579-6056.

For Sale

Gently used Suzuki Personal Digital Piano concert master DP88 never in need of tuning in excellent condition with full size keyboard, metronome, playback and record options, 7 different instrument sounds, adjustable volume, variable touch keys, 1/4" headphone jack (headphones included), MIDI output/ input through and RCA stereo audio output and input, owner's manual and bench included. \$450 or best reasonable offer. Call Benita at 630-217-6734.

2008 Silver Honda Civic, 4dr Sedan fwd, new tires as of 9/14/17, updated navigation cd, engine 1.3 I4 sohc, Trans cvt, mpg 45/40, mileage 126,239, asking price \$4,999.00. This affordable vehicle is great for anyone looking to save money on gas. It is ready to be purchased and enjoyed. Call Michael at 708-710-7867.

2009 Harley Davidson FXDF Dyna Fat Bob, vivid black, engine twin cam, displacement 96ci, new tires installed fall of 2017, new mirrors, grips, chrome clutch/ brake handles, washable air filter, fluid gel seat made for two, mileage 13,355. This motorcycle is one slick ride and sounds great. Always getting compliments on its looks. Just had it detailed and it is ready to ride! Asking price \$8299.00 Call Michael at 708-710-7867.

2018 Hot tub never used seats 6 with lounger 32 jets, lights & waterfall only \$4475 with cover and delivery. Call Greg at 708-299-4640.

N Gauge Train 4'x6' layout, 2 levels, needs landscaping. Includes landscaping material, 7 engines (1broken), 65 train cars, 2 single transformers, one double transformer, assorted buildings and accessories, must take all. \$200.00 Complete badger air brush system-Kit and Compressor \$75.00. 4LL Bean magnum cork mallard decoys \$80.00. Craftsman 1/2 Inch electric impact tool \$55.00. Bosch extra heavy

duty hand grinder \$75.00. 2 Handed Skil saw brand model 77 super heavy duty ball bearing skill saw \$50.00. Call John at 708-479-5203

1993 Yamaha Virago XV750. Miles 33k. Excellent condition, new battery extra chrome, extended back rest, leather bags with leather tank half cover. Bike needs a pet cock valve adjustment due to 2yrs in storage. Original owner, bike sold as is for \$1,300. Please call Mary Ellen for details and/ or viewing at 630-985-4785.

Kobalt 175-PSI 30gal Air Compressor \$500.00. Wilton 15inch benchtop drill press model 2530 \$350.00. Delta shop master band saw model bs100 \$50.00. All in good condition call Dave at 708-932-2112.

Hardy Boy books 46 hard cover editions. 19 original canon, some tan covers. \$50.00 OBO. Call Jim at 847-310-1721

91pc. Mikasa china set. Twelve five pc., place

settings plus 7 misc. pieces. Lexington pattern (L2808) never used in original packaging box. Retail value \$1500. asking \$550.00. Teeter EP 970 inversion table. Used five times access teeter website for more detailed information. Retail value \$450.00 asking \$350.00. Tradesman 28'commercial grade extension ladder type 1A, rating. Like new condition retail value \$350. Asking \$275.00. Call Rich at 630-222-0257.

Wanted

Wanting to buy your electric trains and slot cars, turn those unwanted Trains and Slot Cars into cash! Call Ron at 630-272-4433.

Old balloon tire bicycle with tool or horn box, also front spring fork models, Schwinn, Ranger, Elgin, Silver king, JC Higgins, Monark etc. 20"inch banana seat bikes, pedal cars and motor bikes. Also, older hot wheel diecast cars matchbox, and slot cars. Call Jim at 708-361-8230.

This Month in Cook County Agriculture

Farm-to-Table Dinner
Thursday, August 16, 2018
Fairway Culinary Farm of Cog Hill Golf Club in Lemont

Cook County Farm Bureau members and guests are invited to experience an open-air dinner on the farm. A farm to fork chef prepared dinner will feature farm and locally sourced ingredients. Beer and wine from a local brewery/winery and non-alcoholic beverages will be selected to compliment the farm dinner. A cocktail hour before dinner will offer signature cocktails featuring farm and local ingredients! Sip, taste, and tour under the stars while taking in the sounds of local musicians will make for an evening you won't forget! Seating is limited, first come first serve dinner registration by contacting Debbie at the Farm Bureau at 708-354-3276 or at the Member Center online at www.cookcfb.org. Full event details at cookcfb.org/stay-updated/upcoming-events and the Cook County Farm Bureau Facebook page.

This article is for local farmstands, farm markets, chefs and restaurants, and organizations that are hosting farm-related activities, events, workshops and gatherings that will occur soon.

To promote your activity, email membershipdebbie@cookcfb.org or call 708-354-3276 by the 15th of the month. Please include your name, the event date/time, a one-sentence description of the event, and how a reader can obtain further information in the email. We will edit submissions based on space allowances in the publication.

In addition, we will post farm, garden or livestock related photos on our social media platform if you forward those to membershipdebbie@cookcfb.org.

18th Annual Giant Pumpkin, Local Honey, Pumpkin Dessert, Carving & Youth Decorating Contest

Saturday, September 29, 2018, 9 AM -11 AM

9:00 A.M. Registration/Check-In

Puckerville Farms - 13332 Bell Rd, Lemont

Giant Pumpkin Weigh In Contest:

Divisions: Adult and Youth (16 and younger)
Rules: Contest open to CCFB members and their dependents. One pumpkin **grown** per person may be entered into the contest.

Prizes: Adult 1st Place - \$250.00 Youth 1st Place - \$100.00
 2nd Place - \$150.00 2nd Place - \$75.00
 3rd Place - \$75.00 3rd Place - \$50.00

Homemade Pumpkin Dessert Contest:

Rules: Contest open to any CCFB member/dependents; open to all ages and must be present to win. Dessert will be judged by appearance, taste, and texture.

Prizes: 1st Place - \$100.00
 2nd Place - \$50.00
 3rd Place - \$25.00

Home Grown Honey Contest:

Rules: Contest open to CCFB or CDBA members/dependents and open to all ages. Honey judging criteria will be provided once registered, prior to contest.

Prizes: 1st Place - \$100.00 & ribbon
 2nd Place - \$50.00 & ribbon
 3rd Place - \$25.00 & ribbon

Jack-O-Lantern Decorating Contest:

Rules: The contest will begin at 10 a.m. and a 1/2 hour timeframe will be used for contestants to decorate a pumpkin. **Contest open to anyone 16yrs and younger** in 3 age categories. The individual must decorate his/her own pumpkin provided by CCFB.

Prizes: 1st Place, Runner up in each age group
 Participation Prize: All entries receive a prize

Pumpkin Carving Contest 2nd year!

Division: Ages 16 & up members and their dependents
Rules: Pumpkin will be provided by CCFB; free hand carving only, no patterns allowed. Carvers will have 1 hour to carve using their own carving tools.

Prizes: 1st Place - \$100.00
 2nd Place - \$50.00
 3rd Place - \$25.00

Entry Fee: Free for Members, Non-members may enter by joining CCFB.
Rules: Contest open to any CCFB member & dependents. Check in by 9:15 am to be considered; must be present to win.
Judging: Members of the Commodities/Marketing Team will serve as judges. The decision of the judges is final.

CONTESTS Registration Form

____ Giant Pumpkin ____ Adult ____ Youth
 ____ Pumpkin Dessert (open to all ages)
 ____ Pumpkin Decorating:
 ____ 6 & under ____ 7-11 ____ 12-16 years
 ____ Home Grown Honey (open to all ages)
 ____ Pumpkin Carving Contest (details online)

Name: _____
 Email: _____
 Telephone: _____
 Farm Bureau Member Number: _____

Registration form online:
<http://cookcfb.org/stay-updated/upcoming-events>
 Mail, fax, or email entry form to:
Cook County Farm Bureau
 Attn: Debbie Voltz
 6438 Joliet Road Countryside, IL 60525
 Fax: 708-579-6056
 Email: membershipdebbie@cookcfb.org
 Register by phone at: 708.354.3276



Smits Farms + Chef Marcia + Cook County Farm Bureau members/guests = Awesome Time!

CCFB member business, Smits Farms, opened their doors for our Planting Series in June as Kayla, Lauren, and Debbie lead us in creating beautiful herb planters while member Chef Marcia Kuchta prepared 5 recipes using fresh herbs

and produce from the farm. The dishes were delicious, and we hope to recreate them at home! Thank you to all who made the event a huge success! Check out the full album in our photos page on Facebook!



Theme Park






Six Flags Great America in Gurnee, IL
Tickets bought directly from Cook County Farm Bureau® are \$49.00**
Tickets DO NOT INCLUDE Hurricane Harbor but are VALID for Fright Fest.
Online 1-Day General tickets are \$54.84
No Processing fee; a minimum of 2 tickets must be purchased through ilfb.abenity.com.



Raging Waves, Yorkville, IL
1-Day General Admission Tickets: \$18.00
Ages 2 and under are FREE
Tickets only available at the Cook County Farm Bureau office



Santa's Village, East Dundee, IL
1-Day: \$16.75 Ages 2 and under are free.
Tickets for Santa's Village are available at the CCFB office.

For pricing and to order tickets online for King's Island, Cedar Point and Other theme parks go to
<https://ilfb.abenity.com/perks/>

To order tickets by phone call (708) 354-3276.

Types of Farm Bureau® Memberships

The Cook County Farm Bureau®, born in 1920, is a 501c5 not-for-profit membership organization that serves to improve farming and agriculture for its members.

The CCFB features three main membership classifications:

- **M (Farmer Member)** - for individuals that are farming and earn \$2,500 or more annually. This classification is for individuals earning income from farming or from farm ownership. Farmer Members have full voting rights, are eligible to serve on the Board of Directors locally and statewide, and can serve as an officer on the board or as a delegate to the state annual meeting. This individual receives the publications FarmWeek, Partners and The Co-Operator. \$36.00 annually.

- **PM (Professional Member)** - for individuals that are employed in the field of agriculture. The PM member has voting rights, is eligible to serve on the local Board of Directors and as an officer of the CCFB and can

represent the organization as a delegate at the state annual meeting. The PM should have a passion for agriculture and farming and be seeking a strong industry in the Cook County area. This individual is eligible to receive the publications Farm Week, Partners and The Co-Operator. \$36.00 annually.

- **A (Associate Member)** - for individuals seeking to support the efforts of the Farm Bureau and to access the benefits and services offered through the organization. This individual receives Partners and The Co-Operator. \$20.00 annually.

The Cook County Farm Bureau would like to encourage any Associate member who farms or is employed in an agricultural related field and has a strong interest in the future of agriculture to consider applying for the Farmer Member or the Professional Membership classification. Please contact the Member Service Center at the Cook County Farm Bureau at 708-354-3276 or email us at ccfb@cookcfb.org for more information.

Want a free movie ticket?

Encourage your family, friends and neighbors to join the Cook County Farm Bureau as an associate, farmer or professional member. If they join, you will receive a free movie ticket! Call our office at 708-354-3276 to let us know that you referred a member.



Individuals can join the Cook County Farm Bureau by going to www.cookcfb.org and clicking on **MEMBER CENTER**.

12th Annual CCFB Family Celebration Picnic

Goebbert's Farm
40 W. Higgins Rd., So Barrington, IL.
Saturday, September 22, 2018
1pm-4pm (lunch served 1:00-3:00)
Early Bird rates end 8.15.18



Tickets are limited!

\$20 Early Bird Admission
(ages 2 & up)
1 & under are FREE

\$40 value!

The event will feature a picnic buffet lunch which includes:
 Hamburgers, hot dogs, chicken fingers, roasted corn, chips, apple cider donuts, kettle corn and assorted sodas/water

Each person will receive:
 ♦ Admission to Animal Land & Little Farmers Playground including the corn & straw town maze
 ♦ 1 voucher for a wagon ride
 ♦ **1 voucher to be used for either a pony ride, camel ride, haunted house or jumping pillow
 ♦ All children will receive a voucher for 1 small pie pumpkin
**1 & under excluded

*Tickets/vouchers will be picked up at the welcome table the day of the event.

Ticket orders must be in our office by Friday, September 7, 2018.

Family Celebration Picnic Order Form


Name _____	General Ticket (2 & up)
Farm Bureau Number _____	\$20.00(early bird price) x _____ = _____
Address _____	\$25.00 (rate after 8.15.18) x _____ = _____
City _____ Zip _____	1 & under FREE _____
Phone _____	Total amount _____

Mail to: Cook County Farm Bureau
 6438 Joliet Rd, Countryside, IL 60525 or call 708.354.3276 to charge your Visa, MasterCard or Discover.
 *Price includes food and activities.

Ford

\$500

BONUS CASH



Lincoln

\$750

BONUS CASH



Cook County Farm Bureau members get \$500 Bonus Cash toward the purchase or lease of any eligible 2017/2018 Ford vehicle or \$750 Bonus Cash toward the purchase or lease of any eligible intelligently designed 2017/2018 Lincoln vehicle.

Enjoy valuable savings on your choice of vehicles from our comfortable and capable lineup! Take advantage of this exclusive special offer today by visiting our home page at www.cookcfb.org and click on 'Member Benefits'.

*Must be an eligible member for at least 30 consecutive days to take advantage of the Ford/Lincoln program.



FYI...As of August 1,2018 Regal Movie tickets have increased to \$9.50 each. Call CCFB at 708-354-3276 for purchases.

