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Children throughout Cook County and Illinois begin the process of getting ready to head back to school this month. Hopefully the summer included some travels around our great state to experience all Illinois has to offer. **Agriculture** is the number **one industry** in **Illinois** in terms of economic impact! Every day includes agriculture as you can see by the home to school example shown this month.

It's the first day of  and you're so excited to meet your new teacher and classmates. You run downstairs and have your favorite breakfast,  of course! Your mom tells you to get ready for school, so you quickly get changed into a  and . When you come back to the kitchen, your mom has your  ready and she's encouraging you to get to the  so you can make the  on time.

When you get to school, your new teacher, Mrs. Jenson, asks you to pull out a piece of  and  and she asks you to think about how agriculture affects you in your daily life. Thinking to yourself, "Agriculture doesn't affect me, I don't live on a farm!" you struggle to write anything down. After a minute, Mrs. Jenson chimes in saying, "Think of what you may use every day, that may come from a farm."

This gets you thinking... Your food comes from a farm! You quickly write down  since that's what you had for breakfast. You then peek into your  and see that your mom made you a  and  sandwich, so you write down  and  as well. Oh yes, and the  came from . You then make note of where you got those items.  comes from ,  comes from , and  comes from ! You remember that your  comes from , so you write that down too. But, that's all you can think of!

Mrs. Jenson finally asks the class to  and to share how agriculture affects everyone. Your friend, Sam, raises his  and shares that his clothes come from a farm. You never thought of that,  are made of ! Hannah raises her  and says that her grandparents are farmers and said that  can make gasoline. You think to yourself, "How does  make gas?" Mrs. Jenson is eager that Hannah mentioned that and adds, " makes ethanol which is fermented." And then proceeds to explain the fermentation process. A few other students raise their  and mention food comes from farms. After this, Mrs. Jenson talks about how most objects you use throughout your day relate to agriculture and that it is something that you see every day and never think about. This has made you want to learn more about agriculture and see what else you use that is connected to ag. What are some other things you use that are influenced by agriculture?

PACK A HEALTHY SCHOOL LUNCH		
<b>Protein</b> PBJ Sandwich Hummus Turkey/Ham Roll ups Turkey/Ham Sandwich Protein Bar Trail Mix Tuna Grilled Chicken Eggs	<b>Snack</b> Popcorn Pretzels Corn Chips Veggie Straws Goldfish Crackers Rice Cakes	<b>Veggies</b> Carrots Cucumbers Celery Broccoli Snap Peas Peppers Tomatoes Guacamole
<b>Dairy</b> Yogurt Cheese Stick Cottage cheese Milk	<b>Fruits</b> Strawberries Apples Grapes Blueberries Bananas Raisins Fruit Cups Melons	<b>Sweet Treat</b> Graham Cracker Rice Krispy Treat Granola Bar Animal Crackers Fruit Snacks Pudding
<b>Beverages</b> Water Juice Pouch Ice Tea		
*According to the USDA MyPlate, a healthy meal includes of 1/2 fruits and vegetables and half protein and grains, along with dairy.		

## Reading Recommendation

For a fun read that delves into interesting food facts from around the world, we recommend:  
**It's Disgusting and We Ate it!**  
By: James Solheim



How about a nice dish of Colonial Squirrel Pie with a side of milkweed shoots? If that doesn't grab you, you might think about trying some Garbage Stew, just like they made in medieval England. But if you're feeling a little tired and need a boost, your best bet is roasted spiders. They've got three times the protein of cooked beef. (Is your mouth watering yet?)  
Illustrated by the wildly-creative Eric Brace, *It's Disgusting — and We Ate It!* is a fascinating look at culinary creations from all over the world!

Choose your prize: Choices include a \$25 Beggar's Pizza Gift Card, a \$25 Home Run Inn Gift Card, OR \*3 AMC Movie Tickets  
*\*AMC Yellow tickets not valid in California, New York & New Jersey.*

Complete the Word Search puzzle for your chance to win! Winners will be contacted by mail.

**Mail to:** Cook Co. Farm Bureau  
Ag Adventures Word Search  
6438 Joliet Rd  
Countryside, IL 60525  
**Fax to:** 708-579-6056  
**Email to:** FBcooperator@gmail.com

Complete and submit an entry every month all in 2018 and your name is automatically entered into an "End of Year" drawing for a gift basket full of ag themed goodies. Good luck!

### August Word Search

B	N	Z	O	L	H	I	M	L	W	H	C	P	E	R
U	N	N	D	Z	O	X	Q	H	C	E	L	S	I	Z
S	V	S	X	L	C	O	F	R	I	Z	E	E	L	D
A	H	V	W	Q	H	B	H	S	J	E	T	U	E	A
Z	W	I	J	F	J	Y	E	C	H	Q	N	W	H	U
R	M	N	R	B	B	E	W	C	S	C	Z	D	O	H
C	V	Q	A	T	R	L	L	D	H	Y	R	B	L	N
Q	J	Q	D	T	R	P	C	A	G	R	E	P	A	P
D	L	A	E	M	T	A	O	L	L	A	L	T	F	Y
D	A	O	M	M	W	N	N	I	C	C	U	O	Z	W
H	U	E	F	L	Z	T	R	U	I	Z	O	J	I	I
D	H	L	R	O	L	S	T	B	E	B	C	W	T	F
V	P	C	E	B	I	G	A	N	B	K	M	C	S	N
N	W	H	H	M	C	I	E	Z	E	F	J	P	M	A
Z	V	T	P	E	N	P	H	S	F	J	K	K	X	H
W	S	I	C	H	E	B	W	P	I	G	S	P	H	Q
Y	J	H	D	C	P	C	O	T	T	O	N	A	D	Z
V	U	E	Y	E	I	Z	U	G	K	V	M	V	F	N
D	L	B	E	R	P	X	Z	H	V	F	L	B	I	I
H	I	N	I	A	D	I	F	P	B	N	Z	Q	C	K

Bread  
Bus  
Cheese  
Cotton  
Cows  
Ham  
Lunch  
Oatmeal

Pants  
Paper  
Pencil  
Pigs  
School  
Shirt  
Trees  
Wheat

Name: \_\_\_\_\_



Phone #: \_\_\_\_\_

Membership #: \_\_\_\_\_  
(Membership # is located on front of paper)

**If you were to win, check your preference:**  
\_\_\_Beggar's Pizza GC \_\_\_HRI GC \_\_\_3 Movie Tix  
(If a choice is not made, movie tickets will be sent)

Deadline is the 20th of each month.

Last month's word search winner is...



**Joseph Baldyga**  
*Congratulations!*