# Agriculture Adventures for Families 

December makes us think of sweet treats that are available due to farmers across the USA and the world. It's truly an "Ag Adventure" to consider how our farmers grow the sugar, flour, chocolate, peppermint and tall the things we've explored in 2021. We hope you've enjoyed this year's adventures and look forward to having along for the ride in 2022!


## 5 Onj Enverns

A holiday tradition, candy canes have been around for more than 350 years. The popular peppermint flavor of the candy is made possible by the farmers that work year-round to produce the mint oil. Oregon, Washington, Idaho, Indiana, California and Wisconsin are the top peppermint producing states while Washington, Oregon Indiana, Id producing states.


## Q. How do you make a gingerbread man's bed?

## A. With a cookie sheet!



## Elochoollte

Homemade hot chocolate is infinitely better than boxed mix. And our recipe is extra decadent, thanks to the cup of actual chocolate (not just cocoa powder). For a perfect cup of cocoa every time, here's what to remember.

Whole milk is preferable. When you're drinking hot cocoa, you're most likely trying to be festive and cozy, not healthy. Go all out with whole milk. Remember, fat = flavor. If you only have skim or low-fat, don't worry. This recipe will still totally work.

Watch the milk! If you walk away as it's coming to a simmer on the stovetop, it will likely boil over. Trust us, this has happened to us too many times to count.

Use your favorite kind of chocolate. We're partial to semi-sweet ( $60 \%$ cocoa) or bittersweet ( $70 \%$ ). But if you like your cocoa a little bit sweeter and creamier, feel free to use milk chocolate. We usually use chocolate chips because they're always in our pantry. But if you want to splurge on a nice bar of chocolate, go for it. It'll be worth it!

Have fun with the toppings. Homemade whipped cream is classic and always a good idea. But ice cream (to make hot cocoa floats!) is really amazing too.


For ingredients and directions, visit: https://www.delish.com/cooking/recipe -ideas/recipes/a50303/best-hot-chocolate-recipe/


## Attention

## Cook County Teachers...

If you are a Cook County teacher looking for a virtual presentation for your primary classroom on Keeping Warm, visit https://bit.ly/Agbooking to inquire.




## Last Month's Word Search Winner Is..

Miran Albrecht

