

Agriculture Adventures for Families

Get the Scoop on Ice Cream



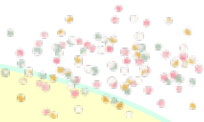
There's more to America's favorite frozen dairy treat than milk and sugar. In addition to being a sweet treat, ice cream is a source of proteins, phosphorus, calcium, phosphorus and Vitamins A and B.

About 70% of the ingredients in ice cream come from milk.

As ice cream freezes, the cold mixture is whipped and blended to create a creamy texture. Often, there are no added preservatives needed, because ice cream is preserved naturally by freezing.



Q: Why do ice cream cones always carry an umbrella?
A: In case there's a chance of sprinkles



Q: What is a horse's favorite flavor of ice cream?
A: Straw-berry



Fun Facts



July 17 is National Ice Cream Day.

Ice cream must contain a minimum of 10% milkfat.

Flavored ices were popular with the Romans in the 4th century B.C.

The first ice cream parlor in the United States opened in New York in 1776.

The hand-crank freezer, patented in 1846, led to the establishment of the first commercial ice cream plant in Baltimore in 1851.

Neapolitan ice cream originally included the flavors of vanilla, cherry, and pistachio in honor of the Italian flag.

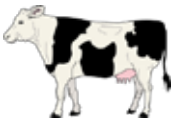
About 9% of cows' milk in the United States is used to make ice cream.

At any given time, 87% of Americans have ice cream in their freezer.

Chocolate ice cream was invented about 15 years before vanilla and was inspired by hot chocolate.

The most popular flavor is chocolate, followed by vanilla.

There are more than 1,000 different flavors of ice cream, including lobster, sweet potato, corn, avocado and macaroni and cheese.



It takes 12 pounds of milk to produce one gallon of ice cream.
Americans eat an average of 48 pints of ice cream per person every year, making the United States the country that consumes the most ice cream.

Facts from Undeniably Dairy, www.usdairy.com.

Make Ice Cream at Home in 5 Easy Steps

Supplies Needed:

- | | |
|--------------------------------|--------------------------|
| 1 small resealable plastic bag | 1/2 tsp. vanilla extract |
| 1 large resealable plastic bag | 3 cups ice |
| 1 cup half and half | 1/3 cup kosher salt |
| 2 tbs. granulated sugar | |



Steps:

In a small resealable plastic bag, combine half and half, sugar, and vanilla. Push out excess air and seal.

In a separate large resealable plastic bag, combine ice and salt.

Place the smaller bag inside the bigger bag, and tightly seal.

Shake the bags vigorously for 10 minutes, until ice cream has hardened.

Remove ice cream from the bag and enjoy with your favorite toppings, such as chocolate syrup, sprinkles and a cherry on top.



Choose your prize:

Choices include a \$25 Beggar's Pizza Gift Card, a \$25 Home Run Inn Gift Card, OR *3 AMC Movie Tickets *AMC Yellow tickets not valid in California, New York, & New Jersey.

Complete the Word Search puzzle for your chance to win! Winners will be contacted by mail.

Mail to: Cook Co. Farm Bureau

Ag Adventures Word Search

6438 Joliet Rd

Countryside, IL 60525

Fax to: 708-579-6056

Email to: FBCooperator@gmail.com

Complete and submit an entry every month all in 2022 and your name is automatically entered into an "End of Year" drawing for a gift basket full of ag themed goodies.

July Word Search

A	U	W	B	P	L	T	J	N	B	I	B	D	Z	Q
D	L	H	B	Y	X	R	B	T	R	F	U	T	A	M
N	A	L	M	M	M	E	G	Z	R	K	S	O	U	O
C	D	I	I	S	F	A	R	E	S	L	T	P	H	F
T	A	K	R	N	R	T	E	Q	Z	I	S	P	K	Y
A	R	H	U	Y	A	Z	L	R	K	M	E	I	N	R
I	H	Z	M	X	E	V	A	S	C	X	L	N	R	R
U	I	X	I	E	W	G	A	C	U	H	K	G	B	E
F	R	X	G	O	U	O	L	L	H	L	N	S	G	B
F	D	B	C	S	K	T	X	X	G	E	I	F	F	W
N	A	T	I	L	O	P	A	E	N	L	R	A	L	A
G	A	L	L	O	N	E	E	T	M	C	P	R	O	R
G	E	T	A	L	O	C	O	H	C	O	S	S	Y	T
P	P	A	R	L	O	R	L	E	P	Y	J	A	E	S
G	Y	U	K	P	L	F	F	L	G	O	Y	R	W	Q

Cherry
Chocolate
Cow
Creamy
Dairy
Freeze
Gallon
Milk

Neapolitan
Parlor
Sprinkles
Strawberry
Sugar
Toppings
Treat
Vanilla

Name: _____

Phone #: _____

Membership #: _____

(Membership # is located on front of paper)

If you were to win, check your preference:

___Beggar's Pizza GC ___HRI GC ___Movie Tix
(If a choice is not made, Movie Tickets will be sent)

Deadline is the 20th of each month.

Last Month's Word
Search Winner Is..

Mary Ayola